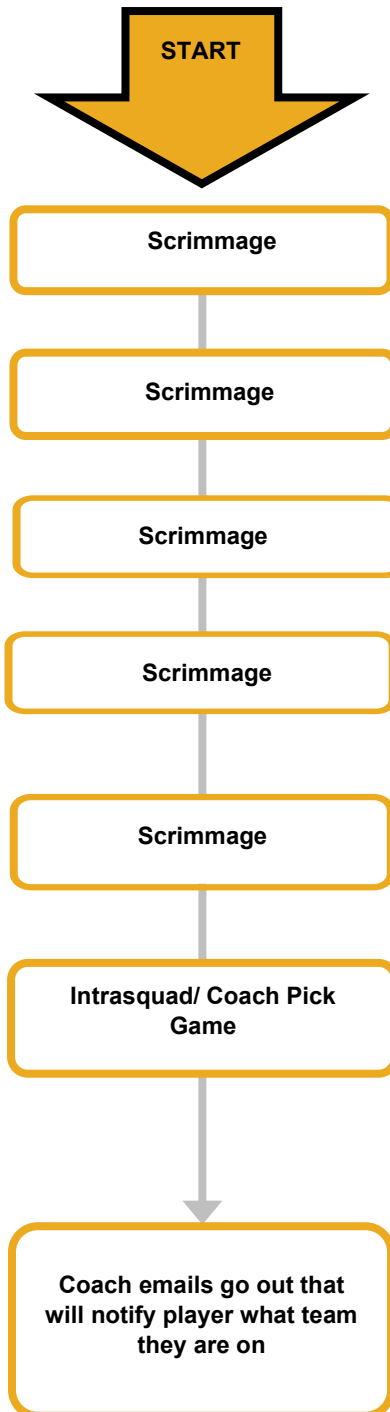


Bow River Bruins Community Hockey U13

Conditioning Skates run prior to evaluations. While these sessions are not mandatory, they are an excellent opportunity for players to get back on the ice. Unlike previous years where specific drills were performed, in U13 the Conditioning Skate is a scrimmage format. If your player cannot attend the Conditioning Skates, you do not need to notify the age group coordinator. Once evaluations begin the age group coordinator must be notified ASAP if player cannot make a session. Please read the Evaluation Manual for details.



See the Evaluation Manual
for explanation of
Scrimmage Sessions

During evaluations players will skate with different players in each session. It does not mean they will end up on the same team.

Players can move between groups during evaluations.

Understanding of how teams are formed is important. Please read the Evaluation Manual.

