

U7 TIMBITS

SEASONAL STRUCTURE



U7 JR. TIMBITS (2021 AGE 5)

 PREP/EVALUATION & DEVELOPMENT PHASE	 GAME PLAY PHASE	 END-OF-SEASON PHASE
 DATES September 7 to November 26	 DATES November 27 to February 21	 DATES February 22 to March 31
 WEEKS 12 weeks	 WEEKS 12 weeks	 WEEKS 5 weeks
 PRACTICES 16-22 practices	 PRACTICES 16 to 24 practices	 PRACTICES 2-4 practices
 GAMES 0 games	 GAMES 10-12 games	 GAMES 4-6 games
 TOTAL PRACTICES: 40-50		
 TOTAL CROSS-ICE GAMES: 16 game max until February 21		
 20 GAME MAX ALL SEASON (SEPTEMBER TO MARCH)		
 JAMBOREE/TOURNAMENT MAX (EXCLUDING HOCKEY CALGARY JAMBOREE): 2		
 ONLY ONE TOURNAMENT/JAMBOREE CAN BE OUT OF TOWN		

U7 SR. TIMBITS (2020 AGE 6)

 PREP/EVALUATION & DEVELOPMENT PHASE	 GAME PLAY PHASE	 END-OF-SEASON PHASE
 DATES September 7 to November 12	 DATES November 13 to February 21	 DATES February 22 to March 31
 WEEKS 10 weeks	 WEEKS 14 weeks	 WEEKS 5 weeks
 PRACTICES 14-18 practices	 PRACTICES 18-28 practices	 PRACTICES 2-4 practices
 GAMES 0 games	 GAMES 10-14 games	 GAMES 6-10 games
 TOTAL PRACTICES: 40-50		
 TOTAL CROSS-ICE GAMES: 18 game max until February 21		
 24 GAME MAX ALL SEASON (SEPTEMBER TO MARCH)		
 JAMBOREE/TOURNAMENT MAX (EXCLUDING HOCKEY CALGARY JAMBOREE): 3		
 ONLY ONE TOURNAMENT/JAMBOREE CAN BE OUT OF TOWN		